



The Monocle

A closer
look at
Public
Health

HHP Public Health Quarterly Newsletter: Spring 2022

IMPORTANT DATES

MARCH 7

Fall & Summer classes available to view

MARCH 7-11

SPRING BREAK!

MARCH 21

Registration Begins

APRIL 28

Study Day

UPCOMING EVENTS

FEBRUARY 22

Music City PrEP Clinic

MAY 6

Graduation

PUBLIC HEALTH FACULTY

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Govs Public Health Students Impact Community

HHP 4800 received nearly \$3,000 in grant funding to plan youth health promotion programs to be implemented and evaluated at the Children's Health Fair, which will be held at the Customs House Museum and Cultural Center on Saturday, April 2, 2022, from 1:00-4:00 p.m., a couple days prior to the start of National Public Health Week. They will then present research posters of their programs on Friday, April 29, 2022, from 8:00-10:00 a.m., in the MUC. The youth health promotion program topics are as follows: sleep health, fire safety, gun safety, bicycle helmet use, overweight and obesity, and mental health and relationships.

Nolting, T., (Principal Investigator), Bondy, M., Farrell, S., Feichko, N., Goodine, B., Kelly, Z., Martinez, A., McNeal, R., Miller, O., Shemwell, S., & Taylor, A. (Co-Principal Investigators). (2022). *The children's health fair at the Customs House Museum and Cultural Center* [Grant]. Austin Peay State University and the Center for Service – Learning and Community Engagement's Keys to the World Grant Project. (awarded \$2,904.60).

Join ESG: Public Health Honorary

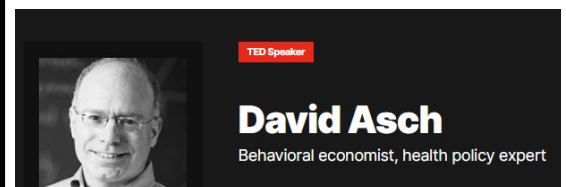
Are you interested in joining a student honorary that recognizes your excellence in academics and gives you an opportunity to engage in activities like service projects, research, advocacy, or education? If so, consider applying to become a member of Eta Sigma Gamma (ESG). To become a member, you must have a public health major or health minor, a GPA of at least 2.75, and completed at least two semesters of college coursework. To get an application, visit Dunn Center 275 or reach out to Dr. Bliss at blissk@apsu.edu.



REMINDER: Public Health Internship Option

The public health program has a new internship preparation process! Though internship is not required, it remains an option for those choosing it. If you have questions about the new pre-internship experience or need to enroll for the fall 2022 semester, please contact the internship coordinator, Shannon Haselhuhn, at haselhuhs@apsu.edu or reach out to your advisor.

Why it's so hard to make healthy decisions



AP Austin Peay
State University



Sabrina Marsh, MS, CHES
Healthcare Navigator
Centerstone

APSU Professional Spotlight : Sabrina Marsh

Hello Governors! My name is Sabrina Marsh, and I am a Healthcare Navigator for Centerstone's Support Services for Veteran Families (SSVF) grant funded by the U.S. Department of Veteran Affairs. I'm an APSU alumni and former Instructor for the HHP Department. Our program's overall focus is to increase the stabilization and attainment of housing for low income and homeless Veterans in TN, KY, and IL. As case managers typically are the first line of defense in servicing this special population, they aid in all things related to housing. As a team, we provide outreach, case management, connection to VA benefits and programs, connection to public benefits and mainstream community resources, as well as Temporary Financial Assistance (TFA). If clients have healthcare needs and questions, they are then referred to me for assistance. The services I provide, as a resource person, can range from helping clients with VA disability compensation claims to acquiring reliable information regarding healthy eating habits. In addition to aiding my clients, I also am able to work in the community to identify resources and prospective partnerships. I would strongly advise students to join service-learning organizations, like Eta Sigma Gamma, to garner experience in the field before graduation. My application often stuck out due to my leadership experience in ESG, a national public health honorary, and the Health Promotion Committee on campus. Employers like to see you had a genuine interest in the field before graduating! If you have questions regarding this program or are interested in learning about employment opportunities, please reach out to me at Sabrina.marsh@centerstone.org.

“It is health that is real wealth, and not pieces of gold & silver.”

-Mahatma Gandhi

Fast Track to Graduation with Summer Courses

Summer is a great opportunity to knock out some credits and get your diploma in your hands quicker. Here are some course options this summer:

- [HHP 2250](#) (SUM I)
- [HHP 2251](#) (SUM I)
- [HHP 3400](#) (SUM I)
- [HHP 3450](#) (SUM I)
- [HHP 4050](#) (SUM II)
- [HHP 4070](#) (SUM II)



To read a course description, click the course or speak with your advisor

Acronym Soup: MAP-IT

MAP-IT is a program planning model that stands for Mobilize, Asses, Plan, Implement & Track. This model was created in 2010 to support community efforts in relation to Healthy People 2020. It has since been adopted and promoted by other organizations such as the American College Health Association (ACHA) to support Healthy Campus efforts as well.



MUSIC CITY PrEP CLINIC
PREPPING FOR AN HIV-FREE TENNESSEE

HIV AWARENESS DAY Lunch & Learn

FREE Chik-Fil-A LUNCH
FREE BACKPACK!



“What is PrEP? Is it for me?”

TUESDAY, FEB 22nd at 11:15 am
MORGAN UNIVERSITY CENTER, ROOMS 303 & 305

FREE AND CONFIDENTIAL STD TESTING
FREE PrEP

The Music City PrEP Mobile Clinic will be on campus from 12 pm to 4 pm offering free, confidential testing for STDs, HIV and HEPATITIS A B & C, plus FREE PrEP!

PrEP is a once-a-day pill that prevents HIV

FOR ON-CAMPUS MOBILE UNIT APPOINTMENT, CALL:
Tyjah Eady
629.895.3771

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Did you Know?

“Help-A-Hen” is a sponsorship program set up to allow anyone to sponsor a chicken that supports the [S.O.S. Food Pantry](#) on campus. For \$50, sponsors will be able to name the chicken and will receive e-mail updates and photos as well as in-person visits.