



# The Monocle

A closer look at Public Health

HHP Public Health Quarterly Newsletter: Fall 2021

## IMPORTANT DATES

SEPT 22

ESG Meeting

OCT 11 & 12

Fall Break

OCT 25

Priority Registration for Winter & Spring classes

NOV 1—FEB 28

APRIL CHES Exam Registration

## UPCOMING EVENTS

SEPT 29—OCT 1

TPHA Virtual Annual Conference

## PUBLIC HEALTH FACULTY

Kadi Bliss  
blissk@apsu.edu

Shannon Haselhuhn  
haseluhns@apsu.edu

Tyler Nolting  
nolting@apsu.edu

## Join the Public Health Student Honorary

Are you interested in joining a student honorary that recognizes your excellence in academics and gives you an opportunity to engage in activities like service projects, research, advocacy, or education? If so, please join us on **Wednesday, September 22, 2021 at 1:30 pm** to learn about Eta Sigma Gamma and the process for joining. Join us in-person in **Dunn 215** or join us [ONLINE](#).



## Attend the Virtual TPHA Conference September 29-October 1, 2021

TPHA is a statewide professional association for anyone in the public health field. Each year they host a conference to facilitate information sharing, engage communities and professionals, and foster networking and collaboration. This year the conference will be held virtually, so you can attend from your couch or desk! To [register for the conference](#), or to learn more about joining TPHA (student rate is only \$15), follow the links.

## Outlook: Health Education Specialist



The US Department of Labor has a [Bureau of Labor Statistics website](#) that can be an awesome resource in career exploration. You can search jobs in HHP or Public Health from A to Z and the website breaks down a summary of the job, the work environment, the academic path, the pay, and the job outlook.

Curious about the work of a Health Education Specialist?

### Quick Facts: Health Education Specialists and Community Health Workers

2020 Median Pay	\$48,140 per year \$23.15 per hour
Number of Jobs, 2019	127,100
Job Outlook, 2019-29	13% (Much faster than average)
Employment Change, 2019-29	17,000

Visit [www.bls.gov](http://www.bls.gov) to search other careers.



### Featured Video:



[Brené Brown Reveals Which Four Skill Sets Make the Best Leaders](#)

**AP Austin Peay**  
State University



**Bridget Marley**  
Coordinator of Student  
Wellness & Prevention  
APSU

## APSU Professional Spotlight

My name is Bridget Marley and I'm the Coordinator of Student Wellness and Prevention. I am the outreach person for the integrated model of the Boyd Health Center, Student Counseling Services, and Wellness. The Wellness Office offers many programs related to the dimensions of wellness, coping skills, stress management, and alcohol, tobacco, and other drugs (ATOD).

The Wellness Office is a service that can cater specifically to students' needs. Our goal is to arm students with the prevention tools they need to thrive during their higher education experience and their transition to adulthood. All students are welcome to attend any event we offer. For programming and service offerings, check out Student Counseling Services on PeayLink or by following @APSUHealthandCounseling on social media.

Mental Health  
Check-in!



## Acronym Soup: What is CHES

Public Health is full of jargon that often comes in the form of acronyms. Becoming familiar with terms, organizations, and certifications can help you make professional decisions, as well as be informed within different areas of the field.

This month's focus is CHES. The Certified Health Education Specialist (CHES) credential offered through the National Commission for Health Education Credentialing (NCHEC) can be a valuable certification to take with you into the working world. Health Education Specialists can work in a variety of settings including health care facilities, colleges & schools, public health departments, and worksites.

**Interested in becoming CHES® certified?** Early-bird registration for the April 2022 exam begins November 1, 2021. You can save money by registering as a full-time student and can take a class to help you study during the spring semester (HHP 4801CHES® Exam Preparation). More information about the exam can be found at the [NCHEC](#) website or questions can be directed to the APSU NCHEC Ambassador, [Dr. Kadi Bliss](#).



*“Healthcare is vital to all of us some of the time, but public health is vital to all of us all of the time.”*

*-C. Everett Koop*



## Learning Beyond the Classroom

The National Commission for Health Education Credentialing (NCHEC) has a wide variety of [Continuing Education Credit \(CEC\)](#) activities that are free of charge. Find a webinar to participate in to get a leg up on your job market competition.



## Professional Organization Clubhouse

Stay current. Following your professional organizations will give you a boost. Click the logos below to read the latest news!



## Did you Know?

You can e-mail your resume or cover letter to APSU Career Services and they will provide you a written critique within 72 hours. Visit [apsu.edu/careers](#)