



# Supporting Students' Growth Needs Series: Love and Belongingness Needs

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How do we climb the mountain to self-actualization?



# Love and Belongingness Needs

- Belongingness, refers to a human emotional need for interpersonal relationships, affiliating, connectedness, and being part of a group.
- Examples of belongingness needs include friendship, intimacy, trust, and acceptance, receiving and giving affection, and love.



# Love and Belongingness Needs

- <https://www.apsu.edu/student-life/organizations/>
- <https://www.apsu.edu/aacc/index.php>
- <https://www.apsu.edu/student-life/lcrc/>
- <https://www.apsu.edu/nmfrc/>
- <https://www.apsu.edu/student-life/ants/>



# Organizations, Events, and Traditions

- Peaylink <https://peaylink.campuslabs.com/engage>
- Homecoming
- Involvement/First Fridays
- GOV RUN
- Organizations
- Events



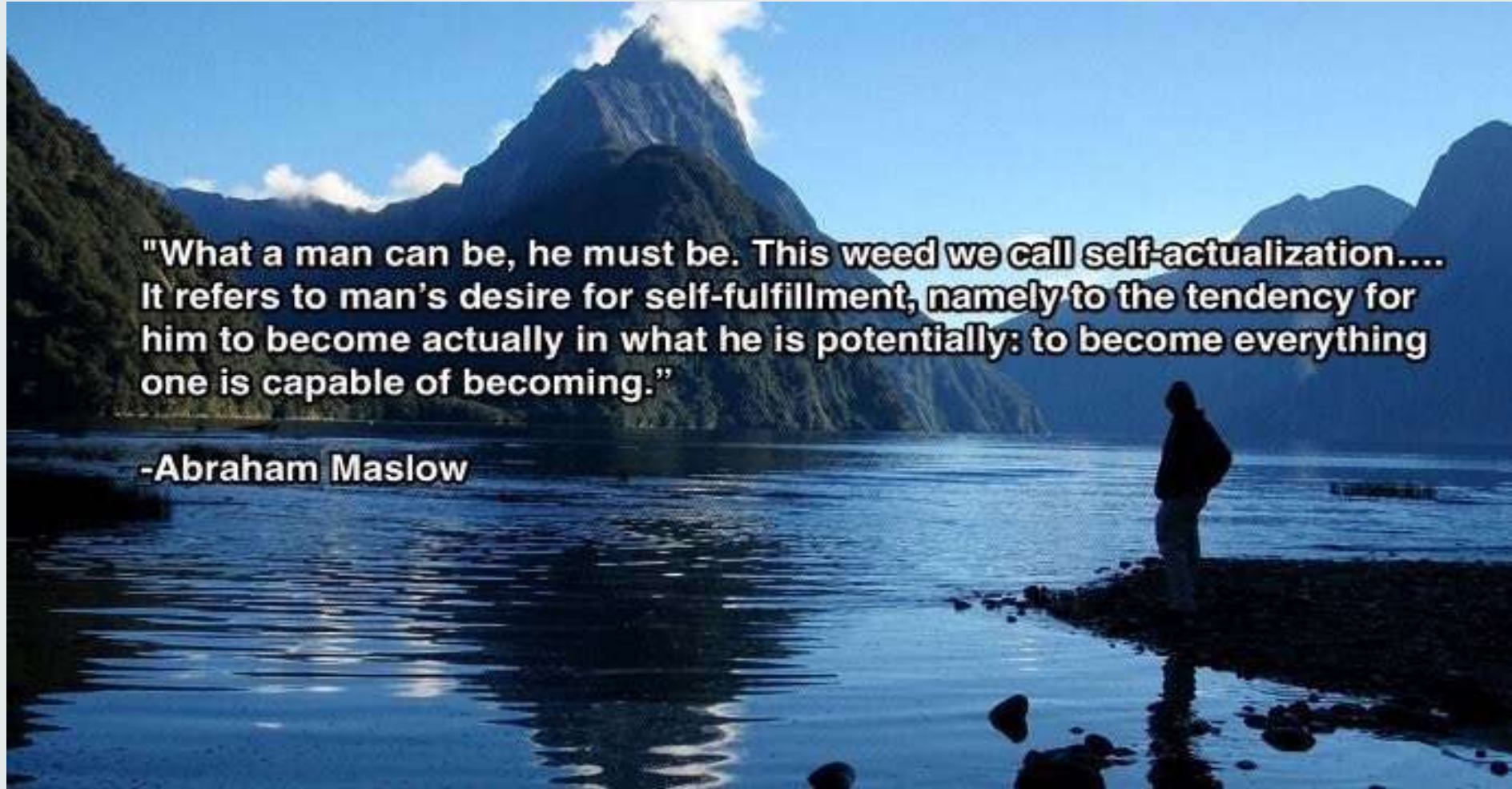
A rectangular metal sign with a dark, possibly black or dark grey, frame is mounted on a rustic, weathered wooden surface. The sign has four screws, one in each corner, securing it to the wood. The sign's face is white and features the words "case studies" in a bold, black, sans-serif font. The wood background is dark brown with prominent vertical grain and some cracking, giving it a textured, aged appearance.

**case studies**

# Question and Answer

- What questions are you left wondering about?





**"What a man can be, he must be. This we call self-actualization....  
It refers to man's desire for self-fulfillment, namely to the tendency for  
him to become actually in what he is potentially: to become everything  
one is capable of becoming."**

**-Abraham Maslow**

\*note he can/should be replaced by the pronoun of your choice as needed :)



We will be addressing Esteem Needs on March 13<sup>th</sup> and we hope you can join us.



# References

<https://www.simplypsychology.org/maslow.html>